# Painting Workshop: <br> transform the reality 

Alai Ganuza - La Galería Roja - Online: 21-23 April 2023


## Objectives

- Learning to paint anything with a fun, colorful but realistic method.
- Painting a full painting with oils (or acrylic/gouache if you don't have oils) from a given still life photograph. We'll use alla prima technique in a colorful and different way that is usually shown, in which you'll learn all the steps from the white canvas to the finished painting: priming, drawing methods, mixing colors, painting.
- We'll also do some exercises and small paintings previous to that.
- Debunk some myths around painting that act as barriers and unmotivate us.


## Who is this for

- For everyone that wants to learn to paint with oils.
- For all the people that already paint with oils or acrylics, but want to get more serious about it or just try a different technique
- For all of you who lost the motivation to paint and want to have it back!


## Materials

Each participant must have:Some place in a flat tableOil paints (or acrylic...)*KnifeSolvent (or water if acrylic)Medium for oils: liquin, galkyd... fast dryingBrushes*Rags (or paper towels)Wet wipesA4 or 8in glass photo frameWood panel, cradled wood or a canvas
$\square$ Oil paper or mixed media paper sheets
*Recommended colors.
$\square 1$ Titanium white
$\square 1$ Yellow any (azo, cadmium, hansa, lake, lemon, ochre...)
$\square 1$ Magenta or similar (magenta, rose, madder lake)
$\square 1$ Burnt Umber or similar browns
$\square 1$ Ultramarine
$\square 1$ Blue cold: (cerulean, cyan, phthalo, turquoise, prussian...)1 Green any (optional) (phthalo, permanent, emerald, sap)1 Rojo cualquiera (optional) (scarlett, vermillion, cadmium, azo...)
*Recommended brushes: several flat, soft brushes from different sizes and one round fine brush too.

## Content

1. Introduction: who am I and why I paint that much

- Weird journey (if I can you can)
- How to paint without loosing the motivation (myths)
- Table vs. easel, layers vs. direct painting, sizes.

Theoretical Unit: 0.5h

## 2. Materials and color theory

- Materials to use and alternatives
- Supports and alternatives
- Analogous luminosity scale and desaturating colors
- Chromatic circle and colors in your palette
- Mixing colors and obtainable colors

Theoretical Unit and demo: 1.5h Exercise: 1.5h
3. Mixing some scales

- Practical exercise to mix colors
- Mixing exercise

Exercise + demo: 2 h
4. Exercise: small still life

- Handmade grid and other ways to draw to paint
- Drawing

Theoretical Unit and demo: 0.5hExercise: 0.5h
5. Exercise: small still life

- Understanding a photograph
- Planning, transforming the color
- Colour mixing
- Direct painting alla prima step by step

Exercise + demo: 4h
6. Final painting

- Handmade grid
- Drawing
- Planning, understanding the photograph


## 7. Final painting

- We repeat the steps on a bigger painting
- Focal point, brushwork hierarchy, figure-background relationship

Exercise + demo: 5h

## 8. Final lessons

- Small review of erased myths
- How to store your paintings
- Some recommendations to keep learning: guides, how to instagram, youtube...
Questions and comments!: 1h


## Timetable

Fri 21: $\quad 16: 30-19: 30,20: 00-23: 00$ CET Unit 1,2,3
Sat 22: 16:30-19:30, 20:00-23:00 CET Unit 4,5,6
Sun 23: 16:30-19:30, 20:00-23:00 CET Unit 7,8
Use https://www.worldtimebuddy.com/ to check your timezone.
Joining this Painting Workshop: Transform the Reality each participant will learn to paint loosely and will have the tools to paint consistently and pursue their objectives. During these three days, they will paint a small study on paper and also a bigger painting from start to finish and they will learn to transform the reality with an expressive brushwork and vibrant color.

